

# 2-Part ULTIMATE MENSTRUAL SUPPORT Program



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## PHASE 1

Supports healthy estrogen and testosterone metabolism and helps support bone, cardiovascular, and neurological functions.\*

This multi-faceted system supports a clear complexion, complete estrogen metabolism, and your body's ability to process EXCESS estrogen.\*

Ultimate Menstrual Support contains very select phytonutrients that provide targeted support for healthy estrogen metabolism and featured DIM to support the important 2-hydroxy estrone pathway.\*

This unique blend of concentrated nutrients influence pathways of estrogen and testosterone metabolism and may reduce oxidative stress in relevant tissues.\*

Multi-phase system including: Indol-3, B-Vitamins, Calcium D-Glucarate, and DIM (most products contain only 1 of these).

Features I3C to support the breakdown of estrogen into its beneficial protective metabolite-2-hydroxyestrone. \*

## PHASE 2

Contains Chasteberry and Black Cohosh to help support menstrual regularity, ease menstrual cramps, and support overall reproductive health.\*

Black Cohosh supports menopausal complaints with a unique mood element and support for nervousness, irritability, occasional sleep disturbances, and an ease in tension, supporting relaxation.\*

The potent plants and nutrients in this formula have been clinically studied and have traditionally been used to support: hot flashes, night sweats, low energy, sour mood, low thyroid, and other menopausal discomforts.\*

This unique formula also contains HMR lignans from Norway Spruce, to support the production of enterolactone, which has been associated with reduced aromatase activity.\*

This product is not available for retail channels. Manufactured for sale in qualified Healthcare, professional clinics only.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.